

**BOW&HTB-Leg 1, Run 1.4 miles , Portage Lake Start to T1, BOW-Leg 10, HTB-Leg 6,  
Portage Lake T1 to Finish**



Waterloo Portage  
Lake-Modern

1.5 miles (round trip)

Total climb: 98 ft, Total descent: 91 ft

Altitude range 59 ft (Altitude from: 931 ft to 990 ft)